



The Key 2

Unlocking youth and children's work together

Understanding, Developing, Working

Welcome to The Key 2

The Key 2 is the second in the series of interactive and informative training resources which aims to equip those who work with children and young people in a variety of church settings.

Created by the Education departments from the Diocese of Bath and Wells, the Diocese of Bristol and the Diocese of Exeter, The Key 2 builds on The Key and is primarily aimed at volunteers, however it can also be used as a next steps tool for existing volunteers or paid workers.

The Key 2 has been specifically designed to support and enhance conversation and learning experienced through The Key. Three more sessions explore and unlock youth and children's work further in a fun and engaging way. Facilitators are encouraged to follow the simple guidelines, however it is flexible enough to use other resources to extend the learning experience.

The core aims of The Key 2 are:

- ➔ To gain a better understanding of the world through the eyes of children and young people
- ➔ Explore discipleship and nurturing children and young people in their faith journey
- ➔ Become more confident and equipped when working in a variety of roles and settings

The Key 2 has been designed to be delivered to small and large groups. The style of the three sessions are interactive and full of games, quizzes, reflections, ideas, practical advice and group work. Each session lasts for approximately 2 hours and can be delivered on 3 separate occasions or as a full day.

The Key 2 will hopefully stimulate, motivate and act as a pathway to further training and development.

Session 2



DEVELOPING

faith, spirituality and discipleship

Aim of the session:

To encourage those who work with children and young people to reflect on their own faith journey and gain the confidence and skills needed for developing work and discipleship.

Learning outcomes:

- ➔ Have an awareness of the difference between spirituality and faith
- ➔ Identify significant spiritual and faith experiences in their lives and how they affect their work with children and young people
- ➔ Equip children and young people to explore faith and share with others

Session Outline:

- ➔ **Introduction:** Welcome & opening prayer
- ➔ **Activity 1:** Faith v Spirituality
- ➔ **Activity 2:** Making a difference
- ➔ **Activity 3:** What's going on?
- ➔ **Activity 4:** This is my story
- ➔ **Closing reflection:** Go and make disciples
- ➔ **Summing up:** Including final thoughts and any questions

MATERIALS & EQUIPMENT NEEDED:

- Activity 1:** 30 words on cards - on 'Faith and spirituality' worksheet
- Activity 2:** Handout: 'God uses anyone' handout
- Activity 3:** Worksheet: 'What's going on?'
Handouts: 'Top tips on working with children and young people', 'Top tips on outreach' and 'Top tips on discipleship'
- Activity 4:** A torch, bottle of water, compass, clock, mobile phone, cuddly toy; 'This is my story' cards: Faith, Church, Bible, Easter, Prayer
- Closing Reflection:** Large candle, enough night lights for all the delegates, 'Road signs' and 'Great Commission' postcards



Introduction and welcome

You may wish to open with a brief time of prayer. Welcome the group and briefly recap on the first session and pick up on any points or questions arising from the first session.

Activity 1 FAITH VS SPIRITUALITY



15 mins approx

This opening activity is played in a similar way to charades. Hand out the thirty words from the worksheet so that each delegate receives a card each (or more if you have a small group). Encourage people to have a go at describing their word to the rest of the group, without mentioning the word itself, using actions etc. Once everyone has had a go, put all the cards on the floor/table and ask the group to separate the words into two categories: Faith or Spirituality. This may take the group some time, as some of the words can easily be classified in both. On completion invite the group to explain their conclusions.

Summary

There are many factors that can influence a child's or young person's understanding of spirituality. These range from novels, magazines and what they watch on television, to the people they talk to and life's experiences. The reality is that the majority of these factors are out of our control. Our work with children and young people, however, can be a positive experience of Christianity, helping them to discover and develop their own faith.

Activity 2 MAKING A DIFFERENCE



10 mins approx

Arrange the group into pairs. Explain that each person has to describe to his or her partner someone who has made a significant impact in their faith journey. This can include memorable events, conversations, emotions etc. Encourage anyone who might like to feedback to the rest of the group. To conclude this activity, it might be a good idea to use this question:

Which three words best describe this person's character?

Summary

When we look back at our lives we can see where people have played a significant part in shaping the people we are today. As leaders and volunteers, we should never underestimate the impact we might have on the lives and spiritual journey of the children and young people we work with.